

ALEXANDRIA FIRE DEPARTMENT**2022 Candidate Physical Abilities Schedule**

Date	Time	Session Type	
Sunday, October 2	08:00 – 12:00	Conditioning	
Wednesday, October 5	17:00 – 21:00	Conditioning	
Sunday, October 9	08:00 – 12:00	Conditioning	
Wednesday, October 12	17:00 – 21:00	Conditioning	
Sunday, October 16	08:00 – 12:00	Conditioning	
Wednesday, October 19	17:00 – 21:00	Mandatory Timed Run	
Sunday, October 30	08:00 – 12:00	Test	
Wednesday, November 2	17:00 – 21:00	Test	
Sunday, November 6	08:00 – 12:00	Final Test Day	

CPAT LOCATION - 102 Shady Glen Drive Capitol Heights, MD 20743